## **ABSTRACT**

The present invention contains a back support belt brace system comprised of a back panel, two side panels, two side wings, and a belt. The side wings are attached anywhere along the back panel and side panels using a hook and loop fastener providing adjustability. The belt is connected to the back panel, side panels, and two side wings with a hook and loop fastener. The belt contains an end with a belt buckle and an end with a plurality of holes, which are interlocked to secure the brace. An adjustable suspension system is attached to the support brace using clips. The suspension system contains adjustable suspenders, shoulder padding, and upper back padding. The back support belt brace system is worn around the waist and the lumbar region of a wearer. The suspension system is worn around the chest and upper back of a wearer, similar to a vest.

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